

~ Lunchtime ~
~ Wraps or Salads ~

All available as a salad or wrap with a side salad
All £8

Warm Panko Chicken
Chefs BBQ Sauce, Mayo, Mango Spring Onion Salsa

Chicken & Smoked Bacon
Homemade Herb Oil, Croutons, Parmesan, Mayo

Lamb Koffta
Pickled Red Onion, Natural Greek Yoghurt, Pistachios

Chicken & Avocado
Sunblushed Tomatoes, Aioli

Thai Salad with Panko Aubergine 
Chefs Chilli Satay Dressing, Asian Vegetables, Mint, Coriander, Crushed Peanuts


Soup of the Day
Da Bara Ciabatta
~ £6.50~

~ Sides ~

Da Bara Bread & Oil	£4
Olives	£3
Chips	£3

~ Lunchtime Main Meals ~

Sweet Chilli King Prawn Stir Fry
Asian Vegetables, Egg Noodles, Sesame Seeds, Coriander, Soy
~ £13 ~

Sweet Potato Tikka Masala,
Toasted Almonds, Basmati Rice, Roti 
~ £14 ~

Italian Pork Meatballs
Homemade Tomato & Basil Sauce with Spaghetti, Parmesan, Garlic Bread
~ £13 ~

Homemade Plaice Goujons
Chefs Tartar Sauce, Chips, Mixed Salad
~ £14 ~

Bridge Cheese Burger
Homemade Beef Burger, Davidstow Cheddar, Chefs Tomato Relish, Gherkins, Mayo, Tomato, Lettuce served with Chips, House Slaw
~ £14 ~

Chargrilled Rump of Beef (served pink),
Chimichurri Sauce, Tenderstem Broccoli, Corn on the Cob, Chips
~ £18 ~

Thai Style Mussels
(Cornish Mussels, Coconut Milk, Lemon Grass, Chilli, Ginger, Coriander)
served with Da Bara Ciabatta
~ £13 ~

Please make us aware of any allergies on ordering. Our dishes are often easily adapted to suit a variety of dietary requirements.